

Timetable – September 2026 - Programmes & Activities (Page 1 -3)

YOUNG ADULT CENTRE



The poster for the Young Adult Centre features a large 'YAC' logo. To the left of the logo, it lists services: 'FREE GAMES' (Make new friends, develop confidence), 'Need help with Education, Employment or Training', and 'Relax & Chill, get support or join in our debates and discussions'. To the right, it lists 'Be The Best You Can Be' and 'Cooking up a Storm'. The central text provides the schedule: Monday 3.30pm-6pm & Friday 3.30pm-5.30pm (After School Club - aged 11-16), Tuesday & Thursday 5.30pm-8pm (Girls Night - Wednesday - 6pm-9pm), and Aged 11-19 up to 25 with disabilities (Come & get to know our friendly Youth Workers, Coaches and Instructors or JUST Relax with your friends). It also mentions 'Box Fit & Fitness Suite/GYM', 'Karaoke Night', 'Open Mic Night', and 'Multi Use Games Area (MUGA) Loads more activities'. Contact information is provided at the bottom: Toni - 07970 616 724 or Marlon - 07809 334 454, email: youngadultcentre@ealing.gov.uk, and Park View Road, Southall, UB1 3HJ. Logos for Ealing and Young Ealing are at the bottom.

YOUNG ADULT CENTRE
Monday 3.30pm-6pm & Friday 3.30pm-5.30pm
After School Club - aged 11-16
Tuesday & Thursday 5.30pm-8pm
Girls Night - Wednesday - 6pm-9pm
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Toni - 07970 616 724 or
Marlon - 07809 334 454
email: youngadultcentre@ealing.gov.uk
Park View Road, Southall, UB1 3HJ
Something for everyone
Call - Toni - 07970616724 or
Marlon - 07809 334 454
Ealing
YOUNG EALING

Park View Road, Southall, UB1 3HJ

youngadultcentre@ealing.gov.uk

www.youngealing.co.uk

OR CALL - Toni Nye-Senior Youth Worker – 07970616724

Marlon Andall – Youth Support Worker - 07809 334 454



FREE - FOCUSED PROGRAMMES AT YAC

Qualified Level 2 Instructors

Every Youth Session in our GYM/Fitness Suite

Wear appropriate clothes/footwear

COME & REGISTER



During September our After School Clubs on

Monday & Friday's, will be closed

Girls' sessions on Wednesday's are also closed, if you
have not completed our Girls & Young Women's
questionnaire and would like to help shape services - then
contact us!

www.youngealing.co.uk



YOUNG ADULT CENTRE -Timetable

(Page 2-3)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday-
EAP Every Monday 10-1pm By invitation only	<u>1st Sept</u> Drop-in for Activities 5.30pm-8pm & Careers support 6.15-8pm	2 nd 9 th 16 th 23 rd 30 th Sept All Girls' Sessions Closed in September	<u>3rd Sept</u> Drop-in for Activities Loads to do 5.30pm-8pm	<u>4th Sept</u> After School Club Drop-in for Activities 3.30pm-6pm	Every Saturday Short-Breaks Service 10am-3pm office@purpleaurora.uk Play-Zone Bookings for Multi Use Games Area - Pitch https://book.footballfoundation.org.uk/SouthallYoungAdultCentre Starting Back in September 26 Ealing Mencap Youth Club every other Friday, starting from 18th September sabrina.breatcliffe@ealingmencap.org.uk EARLY YEARS PROGRAMME BOROUGHWIDE Check out the link & dates below www.ealingfamiliesdirectory.org.uk KEEP SCROLLING DOWN
7 th Sept After School Club Closed	<u>8th Sept</u> Drop-in for Activities 5.30pm-8pm & Careers support 6.15-8pm	Calling all Girls & Young Women in Year 6 - Year 13 If you would like to take part in our questionnaire to help shape services and get what you want. Please complete the questionnaire below, contact us if you cannot open it  Questionnaire girls.pdf Email to youngadultcentre@ealing.gov.uk	<u>10th Sept</u> Drop-in for Activities Loads to do 5.30pm-8pm	<u>11th Sept</u> After School Club Closed	
<u>14th Sept</u> After School Club Closed	<u>15th Sept</u> Drop-in for Activities 5.30pm-8pm & Careers support 6.15-8pm		<u>17th Sept</u> Drop-in for Activities Loads to do 5.30pm-8pm	<u>18th Sept</u> After School Club Closed	
<u>21st Sept</u> After School Club Closed	<u>22nd Sept</u> Drop-in for Activities 5.30pm-8pm & Careers support 6.15-8pm		<u>24th Sept</u> Drop-in for Activities Loads to do 5.30pm-8pm	<u>25th Sept</u> After School Club Closed	
<u>28th Sept</u> After School Club Closed	<u>29th Sept</u> Drop-in for Activities 5.30pm-8pm & Careers support 6.15-8pm		<u>1st October</u> Drop-in for Activities Loads to do 5.30pm-8pm	<u>2nd October</u> After School Club Closed	

BE THE BEST YOU CAN BE! YOUNG ADULT CENTRE - CONNECTING COMMUNITIES

What to expect from YAC & our youth sessions in Sept (Page 3-3)

FREE - Drop in - Positive Youth Activities - September 2026

GYM, Box Fit, Pool, (Qualified Instructors) Table Tennis, 5-aside Multi Use Games Area, Sports, Football, Basketball, Pick & Paddle Ball, Arts, Cooking, Bakes off's, Fruit Design Arts, Mini allotment, the list is endless, or just chill & relax with your friends

Back to School or College

Struggling with going Back to School or College? Feeling stressed, can't be bothered, Anxious, or just don't want to go? Come and talk to us. We're here to listen and support you.

NEVER GIVE UP ON YOUR EDUCATION.

A PROBLEM SHARED IS A PROBLEM HALVED

Check out the time table above to see what programmes you can join in drop in sessions are for **11-19 years - up to 25 with additional needs/disabilities**

We cannot provide 1-2-1 support

Give us a call if you are not sure

Something for everyone at
YAC

Back in September **Ealing Mencap** are running their own **Youth Club** every other Friday for young people with SEND
(Starting 18th Sept)

Are you 16-19 - up to 25 with additional needs

Part of our Youth Centre programme do you

need support with

Education, Employment or Training, come along and

meet our Connexions

Personal Advisor every

Tuesday - 6.15pm - 8pm



DO YOU



KNOW WHAT YOU WANT TO DO!!

Need to chat to someone about your **aspirations, issues or concerns**, then pop in and chat to our friendly **YOUTH WORKERS**



YOUNG ADULT CENTRE YOUTH PROGRAMMES ARE DECIDED BY YOUNG PEOPLE IN OUR NEWLY FORMED **YOUTH FORUM**

COME AND GET INVOLVED, HAVE FUN AND LEARN NEW SKILLS

BE THE VOICE

Get Motivated - Get Cooking - Bake off's and Fruit Art Design, Loads of Sports too!

GET YOUR CERTIFICATE RECOGNISED THROUGH

THE AQA UNIT AWARD SCHEME

COMING SOON, FIRST AID COURSES, TRIPS, & MEMBERSHIP CARDS