



UK Health
Security
Agency



Meningitis and septicaemia

 **Severe
headache**

**Dislike of
bright light** 

 **Stiff neck**

**Confusion and/
or irritability** 

 **Rapid
breathing**

**Vomiting/
diarrhoea** 

 **Seizures/
fits**

**Stomach
cramps** 

 **High
temperature**

**Rash/
bruising rash** 

 **Drowsy or
difficult to wake**

**Pale blotchy
skin** 

 **Cold hands
and feet**

**Joint or
muscle pain** 



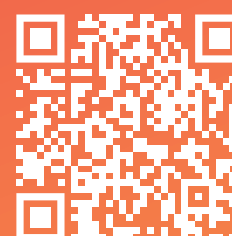
Meningitis can kill in hours

These are just some of the warning signs. If you are worried for yourself or someone else get medical help immediately. Call NHS 111.

Find out more:

Find out about the MenACWY vaccine

www.nhs.uk/conditions/vaccinations/men-acwy-vaccine/



Signs and symptoms of meningitis and septicaemia

www.nhs.uk/conditions/meningitis/symptoms/

