

FREE
online parenting workshop

MANAGING CONFLICT

Conflicts are regular occurrence in family lives. It's often a normal part of everyday life. However, studies have shown that incidents of conflict that are frequent, intense, and poorly resolved, can have a significant negative impact on mental health.

Tuesday 10th
December 2024

10am-12pm
via MS Teams



This workshop would explore types of conflict, causes of conflicts in families and the impact of parental conflict on children, as well as practical steps that parents/carer can take to reduce conflict

Delivered by
Chris Kolade
- Ealing Parenting Service

email parentingserviceadmin@ealing.gov.uk to register or for more info