

Ealing Mental Health Support Team



West London
NHS Trust

Workshops for parents/carers - Autumn term 2023

Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

<https://forms.gle/EE7eGmXmjSemf2te9>



If you have any questions, please do email us on:
Ealing.mhst@nhs.net

Transitions back to School

12th September 2023

4pm

Student Anxiety

17th November 2023

4pm

Exam Stress

20th October 2023

4pm

Student Low Mood

1st December 2023

4pm

Introduction to Autism

29th September 2023

4pm

Introduction to Autism

24th November 2023

1:30pm

Understanding Behaviour in Children with Additional Needs

27th October 2023

1pm

Understanding Behaviour in Children with Additional Needs

19th December 2023

11am



Promoting hope & wellbeing together